

Newcastle & Tyneside Orienteers: Club Champions 2026

as determined by runs at Lazenby CST event 22/2/26

			Age		Course			Adjusted		Total	Speed	Speed	
			Factor		Factor	Distance	Climb	Distance	Time	Minutes	Min/Km	Factor	Score
										Decimal			*1000
Nick Green	M50	MV	1.20	Short Brown	1.65	6.8	245	9.3	76:38	76.63	8.28	2.2	4,356
Frances Shillitoe	M50	MV	1.20	Blue (M)	1.60	5.7	180	7.5	81:19	81.32	10.84	2.0	3,840
George Hare	M60	MSV	1.30	Blue (M)	1.60	5.7	180	7.5	103:40	103.67	13.82	1.7	3,536
Martin Edney	M60	MSV	1.30	Short Blue	1.55	4.6	160	6.2	92:38	92.63	14.94	1.6	3,224
WillardWright	M60	MSV	1.30	Short Blue	1.55	4.6	160	6.2	90:41	90.68	14.63	1.6	3,224
Patrick Smyth	M65	MUV	1.35	Green (M)	1.50	4.1	75	4.9	53:11	53.18	10.97	2.0	4,050
Graeme Beavers	M65	MUV	1.35	Green (M)	1.50	4.1	75	4.9	57:56	57.93	11.95	1.9	3,848
Charlie Wilson	M70	MUV	1.40	Green (M)	1.50	4.1	75	4.9	91:09	91.15	18.79	1.2	2,520
Graham Scott	M80	MHV	1.50	VSG	1.35	2.7	50	3.2	66:24	66.40	20.75	1.0	2,025
Laura Hindle	W21	WO	1.00	Blue (W)	1.60	5.6	190	7.5	72:47	72.78	9.70	2.1	3,360
Joanna Abbott	W50	WV	1.20	Blue (W)	1.60	5.6	190	7.5	86:43	86.72	11.56	1.9	3,648
Joanne Field	W50	WV	1.20	Green (W)	1.50	3.7	105	4.8	72:19	72.32	15.22	1.5	2,700
Kim Sanderson	W50	WV	1.20	Green (W)	1.50	3.7	105	4.8	91:57	91.95	19.36	1.1	1,980
Sue Metcalfe	W55	WSV	1.25	Green (W)	1.50	3.7	105	4.8	71:13	71.22	14.99	1.6	3,000
Allie Wilson Crow	W70	WUV	1.70	Green (M)	1.50	4.1	75	4.9	63:20	63.33	13.06	1.7	4,335
Jane Malley	W65	WUV	1.35	Short Green	1.40	3.5	50	4.0	68:46	68.77	17.19	1.3	2,457
Mary Rack	W65	WUV	1.35	Short Green	1.40	3.5	50	4.0	71:52	71.87	17.97	1.3	2,457
Helen Rafferty	W80	WHV	1.50	VSG	1.35	2.7	50	3.2	125:09	125.15	39.11	0.1	203